

Stroud Green Primary School



Believe and achieve

Stroud Green Primary School, part of a richly diverse community, is a place where all children flourish in a safe, happy and stimulating environment.

Personal, Social & Health and Economic Education and Citizenship Policy

Policy Originator	Jo Bartlett
Governor Responsible	Curriculum Committee
Status	Non-Statutory
Last reviewed	4 July 2016
Ratified on	18 July 2016
Review period	Summer 2018
Signed	

Rationale

Personal, social, health and economic (PSHE) education remains a non-statutory subject, following the Government's PSHE education review (March 2013), however the DfE's National Curriculum in England Key stages 1 and 2 framework document (September 2013) states that all schools should make provision for personal, social, health and economic education, drawing on good practice.

At Stroud Green Primary we recognise that PSHE can cover many areas of study, building on the statutory content already outlined in the national curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE), preventing and tackling bullying, safeguarding and equality and the importance of physical activity and diet for a healthy lifestyle. Where appropriate, links can be made with other relevant subjects to ensure consistency and continuity for pupils e.g. science, computing, citizenship, physical education and design and technology.

As a health promoting school, our PSHE programme is designed to reflect the needs of our pupils, to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. We follow best practice as set out in PSHE Association's revised programme of study based on the needs of today's pupils and schools. This programme of study identifies key concepts and skills that underpin PSHE education and helps us to fulfil our statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life.

Our pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing to the life of our school and local communities, learning to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and learn to understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

Pupils also find out about main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and community members. They learn to understand and respect common humanity, diversity and differences so that they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

At Stroud Green Primary we aim to give our pupils opportunities to:

- take and share responsibility
- feel positive about themselves
- take part in discussions
- make real choices and decisions
- meet and talk to people
- develop relationships through work and play
- consider social and moral dilemmas
- ask for help
- find information and advice

- prepare for change

We do this because we believe in the fundamental value of these experiences.

Guidelines

At Stroud Green Primary our PSHE & Citizenship programme of study is based on focusing on three core themes:

1. Health and Wellbeing;
2. Relationships;
3. Living in the Wider World, within which there will be broad overlap and flexibility.

We do this by:

- Timetabled PSHE Lessons

Every class has 30 minutes a week of dedicated PSHE time with their class teacher. This may also include circle time. We encourage visitors who are able to offer their expertise to support delivery of the programme e.g. community police officers, fire brigade officers, school nurse etc. (We have chosen to use materials from the Social Emotional Aspects of Learning (S.E.A.L.) Primary Strategy 2005, which has been designed to provide an explicit, structured whole curriculum framework and resources for teaching the social emotional aspects of learning).

- School Ethos

At Stroud Green Primary School we believe it is important that many of the skills and attitudes we wish pupils to develop are taught and demonstrated throughout the school in a variety of ways. Pupils will have opportunities to develop their understanding of these issues through:

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|----------------|-----------------------------------|
| ❖ school ethos | ❖ extra curricula activities |
| ❖ assemblies | ❖ classroom and playground rules` |
| ❖ school trips | ❖ school council |

- PSHE and its relationship to other curriculum areas

Some aspects of the PSHE framework may also be taught and re-visited in other curriculum areas, e.g. Science, Geography, Religious Education, English, etc.

- Assessing, Recording and Reporting

Pupil progress is assessed by class teachers through written work, observation and through self-assessment opportunities. 'Can do' statements' are completed in annual reports, forming the basis of their assessment.

Links

This policy has links to other school policies on:

- | | |
|----------------------------------|---------------------------------|
| ❖ Sex and Relationship Education | ❖ Equal Opportunities/Inclusion |
| ❖ Drug Education | ❖ Healthy Eating |
| ❖ Child Protection | ❖ Sustainability |
| ❖ Behaviour | |

Monitoring and reviewing

The subject leader, Valerie Hines, in consultation with the Senior Leadership Team will be responsible for monitoring and overseeing the implementation of this policy.

Appendix: PSHE Programme of Study

Core theme 1: Health and Wellbeing

In Key Stages 1 and 2, pupils should be taught:

- what is meant by a healthy lifestyle
- how to maintain physical, mental and emotional health and wellbeing
- how to manage risks to physical and emotional health and wellbeing
- ways of keeping physically and emotionally safe
- about managing change, such as puberty, transition and loss
- how to make informed choices about health and wellbeing and to recognise sources of help with this
- how to respond in an emergency
- to identify different influences on health and wellbeing.

Core theme 2: Relationships

In Key Stages 1 and 2, pupils should be taught:

- how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help
- how to respect equality and diversity in relationships.

Core theme 3: Living in the Wider World

In Key Stages 1 and 2 pupils should focus on 'economic wellbeing and being a responsible citizen' and be taught:

- about respect for the self and others and the importance of responsible behaviours and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities
- to respect equality and to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise.

<https://www.pshe-association.org.uk/uploads/media/27/7851.pdf>